



Compact Footprint. Infinite Performance.

Muscle D Fitness Single-Stack Multi-Gym (MT-MG-SS)

When space is limited, performance cannot be.

680 pounds of commercial-grade steel, engineered to fuse a myriad of professional gym-level exercise options into a single, space-saving footprint. Built for facilities and premium home gyms that refuse to compromise on durability.





VERSATILE ARMS:

Adjustable crossover arms for chest, shoulders, and functional movement.

PRECISION RESISTANCE:

200 lb weight stack with smooth incremental adjustments (10 lb starting resistance).

ERGONOMIC SUPPORT:

Contoured padding for maximum comfort and proper alignment.

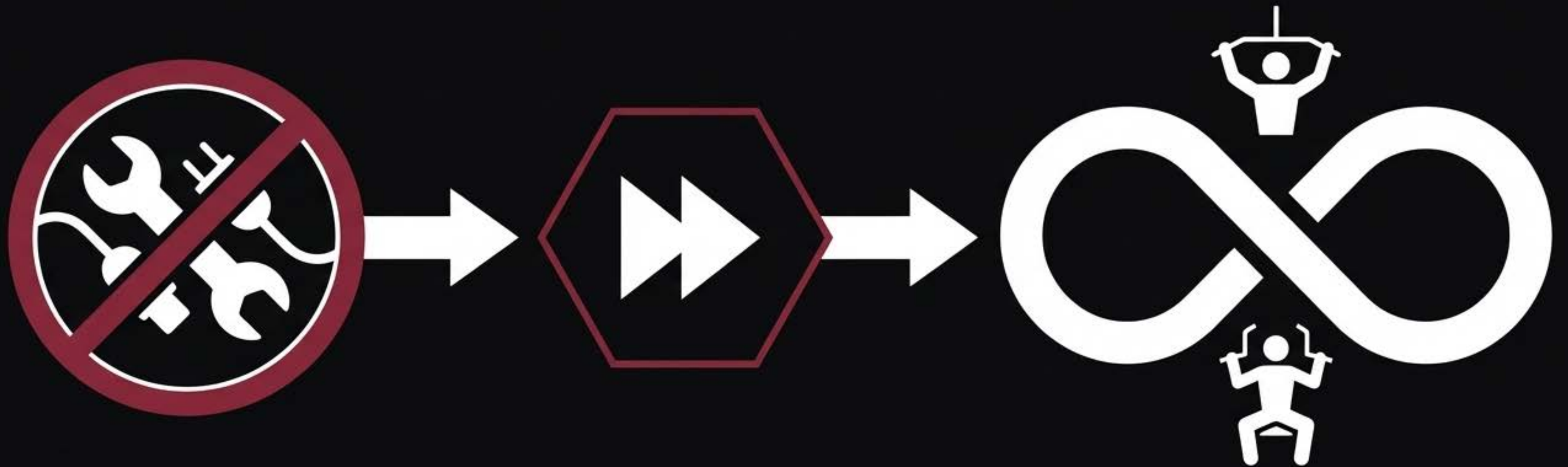
RAPID ADAPTATION:

EZ-adjustable seat and handle positions for seamless user transitions.

Zero-Friction Workouts.

Keep the heart rate up. Keep the workout moving.

Engineered with secure, rapid locking systems for effortless seat and arm adjustments. Transition between heavy compound movements instantly with **absolutely no cable swaps required.**



Upper Body Arsenal



Chest Press

- Features two-position grips and a dedicated pre-stretch adjustment for optimal pectoral engagement.



Lat Pulldown & Seated Row

- Equipped with an adjustable chain and stabilizing thigh roller pads for heavy, secure pulls.



Functional Crossover

- Fully adjustable crossover arms allow for dynamic shoulder presses, flys, and multi-planar functional movements.



Lower Body & Core Command

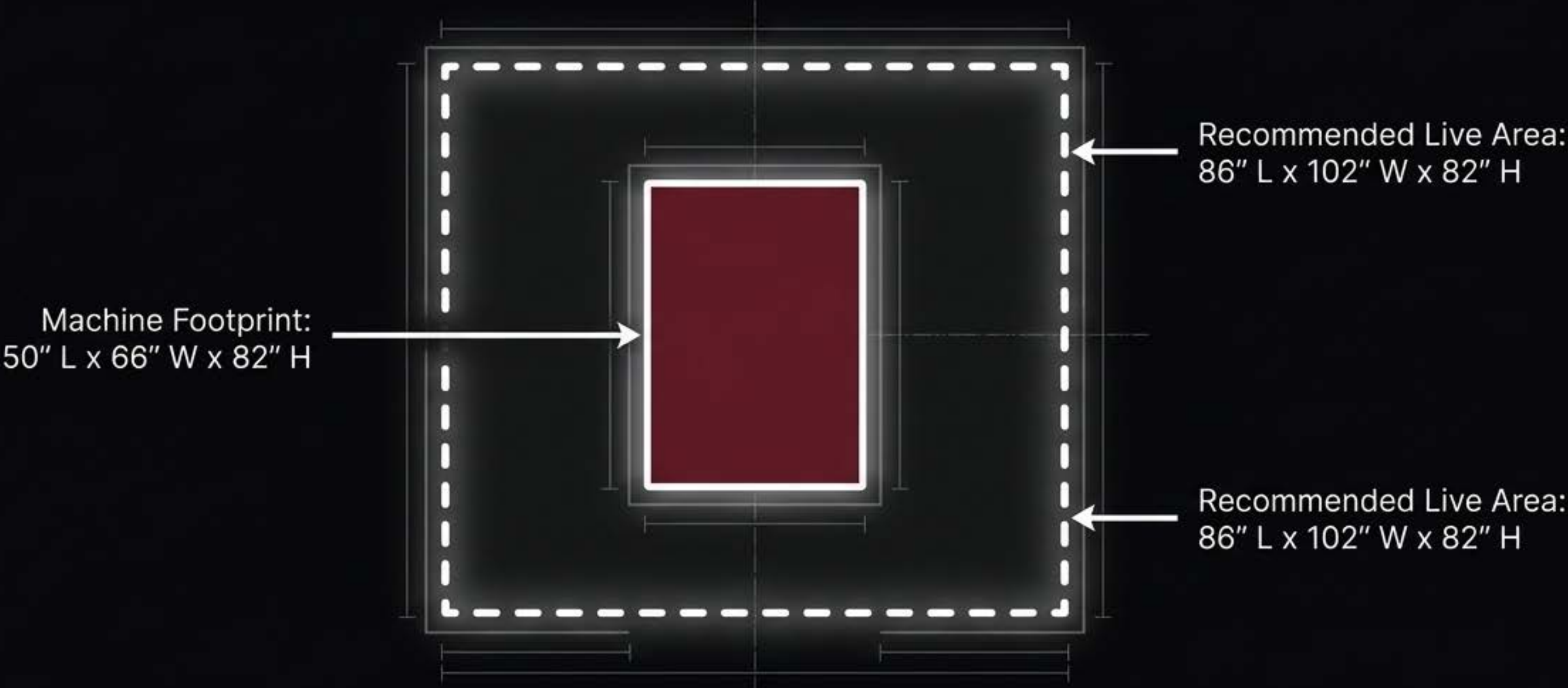
Leg Extension

- Built with commercial-grade pivots to ensure perfectly smooth, biomechanically correct alignment during heavy quad isolation.

Seated Ab Crunch

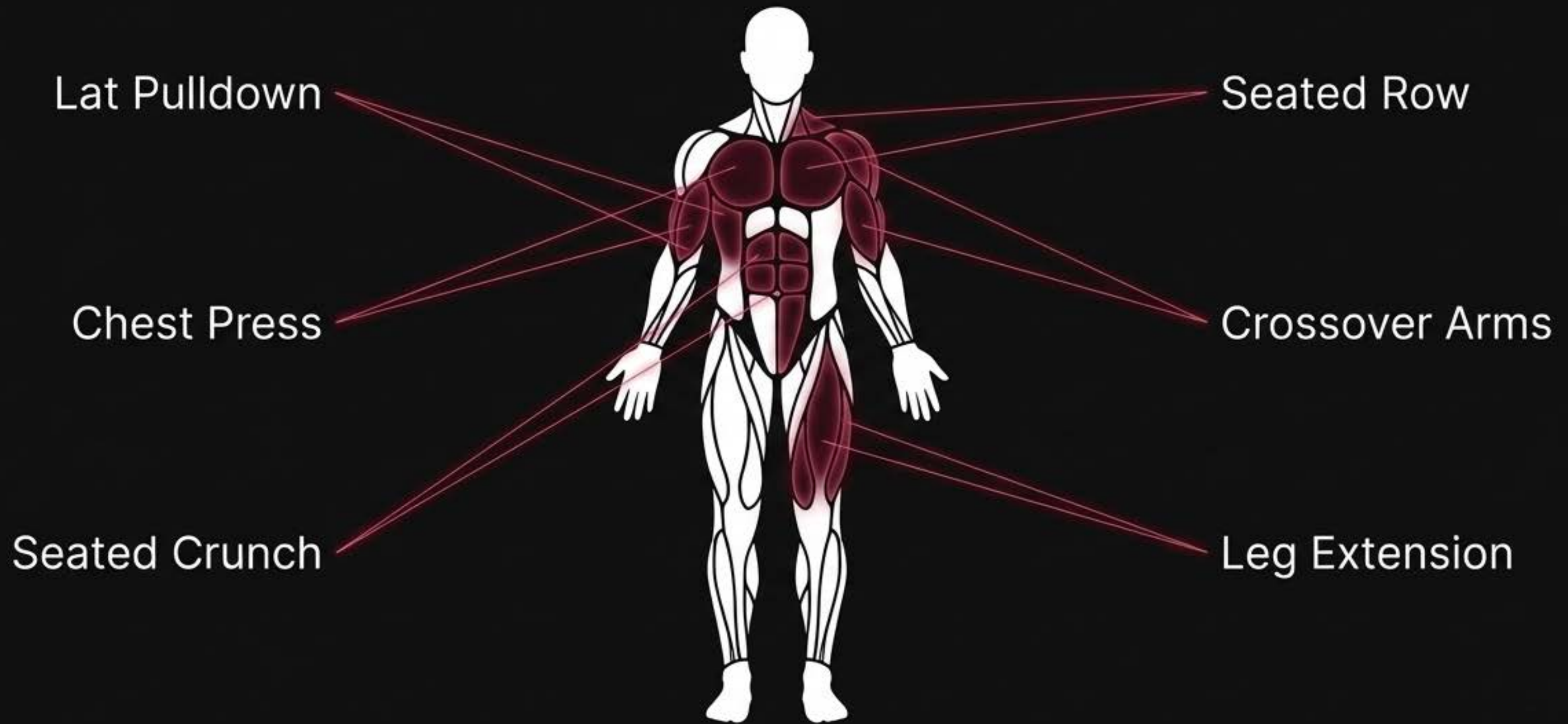
- A dedicated core station featuring a specialized canvas shoulder harness, allowing for targeted, comfortable abdominal isolation without neck strain.

Spatial Efficiency: The Blueprint



Full commercial capabilities contained within a fraction of traditional square footage.

The 200 lb Total Body Matrix



10 lb starting resistance ensures accessibility for all fitness levels.

SKU: MT-MG-SS	Weight Stack: 200 lbs	Starting Resistance: 10 lbs	Machine Weight: 680 lbs
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**Crafted Strong. Built with
passion and precision.**

10 YEARS Structural Warranty

1 YEAR Moving Parts & Wear Items

90 DAYS Upholstery, Paint & Labor



Upgrade Your Space Today.

Transform your facility or home gym with the Muscle D Fitness Single-Stack Multi-Gym.

Phone: (888) 532 1413

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