

TR30 Natural Fiber Triceps Rope



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The Body-Solid Tools TR30 Natural Fiber Triceps Rope is an eco-friendly and sustainable rope that offers a superior grip and more flexibility than traditional triceps ropes. The rope easily attaches to any cable or pulley machine and helps develop triceps, biceps, lats, shoulders, and abs through various exercises.

Special Features

- Made from natural fibers for a reduced environmental impact
- Coarse texture ensures a secure hold during intense workouts
- Allows for a wider range of motion and exercise variations
- Compatible with any cable or pulley machine
- Diameter: 1"

Weight: 2 lbs
Dimensions: 30"L x 2"W x 2"H