

GDCCBAR

Body-Solid Dual Press Bar

Body-Solid[®]
Built for Life



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Now you can take full advantage your Body-Solid functional training center's dual weight stacks with the GDCC Dual Press Bar. By connecting the GDCC Dual Press Bar to both weight stacks of the Body-Solid functional training center you can use both stacks simultaneously for a smooth, unilateral movement.

Special Features

- Attaches to the GDCC200 or GDCC210 for press exercises including:
 - Bench press
 - Incline press
 - Decline press
 - Shoulder press
 - Squats

Size: 42" Long x 1.5" Dia.